ashington State Survey of Adolescent Health Behaviors (2000)

We are asking you to take part in this survey about issues facing students in communities in Washington. The questions in this survey ask for your opinions about yourself, your friends, your school, and your neighborhood. School, community, county, and state officials will use the information from this survey in planning future programs to help youth.

Your answers to these questions are anonymous. This means that no one will see your answers or know which booklet you completed. Do not write your name anywhere on this booklet.

This survey is completely voluntary. You may skip any question you do not wish to answer. Other students have said this survey is interesting and they enjoyed filling it out. We hope you will too. Please take a minute to read the instructions below before starting the survey.

nstructions

- 1. This is not a test, so there are no right or wrong answers.
- 2. The questions should be answered by marking one of the answer spaces. If you don't find an answer that fits exactly, use one that comes closest. If any question does not apply to you, or you are not sure of what it means, just leave it blank.
- 3. Your answers will be read by a computer. Please follow these instructions carefully.
 - Use a pencil only.
 - Make heavy marks inside the bubbles.
 - Erase cleanly any answer you wish to change.
 - Make no other markings or comments on the answer pages.

This kind of mark will work: **Correct Mark**









These kinds of marks will NOT work **Incorrect Marks**











4. Some of the questions have the following format:

Please mark in the bubble which of the four words best describes how you feel about that sentence.

EXAMPLE: Pepperoni pizza is one of my favorite foods.

YES!

Mark (the Big) YES! if you think the statement is <u>definitely true</u> for you.

Mark (the little) yes if you think the statement is mostly true for you.

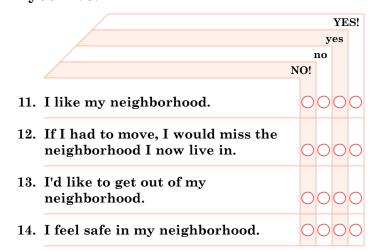
Mark (the little) no if you think the statement is mostly not true for you.

Mark (the Big) NO! if you think the statement is definitely not true for you.

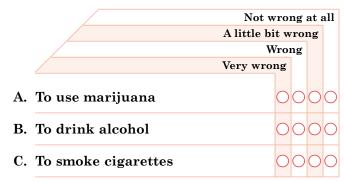
In the example above, the student marked yes because he or she thinks the statement is mostly true. (Please mark one answer.)

Fall 2000 (Form B)

These statements are about the neighborhood and community where you live.

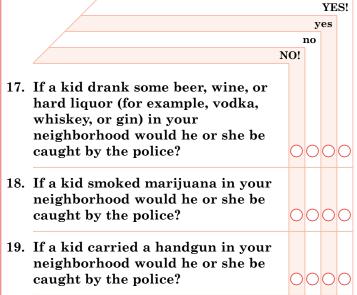


15. How wrong would most adults in your neighborhood think it was for kids your age:



16. About how many adults have you known personally who in the past year have:

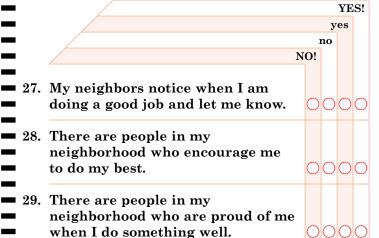




			•	ea	\mathbf{sy}
		ort of ea of hard			
	Very ha		ra		
	very na	lu			
20.	If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?	0	0	0	0
21.	If you wanted to get some cigarettes, how easy would it be for you to get some?	0	0	0	0
22.	If you wanted to get some marijuana, how easy would it be for you to get some?	0	0	0	0
23.	If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	0	0	0	0
24.	If you wanted to get a handgun, how easy would it be for you to get one?	0	0	0	0

25. There are adults in my neighborhood I could talk to about something important.

NO! Ono Oyes OYES!



The next section asks about your experience with tobacco, alcohol, and other drugs. Remember, your answers are anonymous.

During the past 30 days, on how many days did you:

		10 or more days					
		6-9 days					
		3-5					
	1	1-2 days					
	N	one					
30.	Smoke cigarettes.	0	0	0	0	0	
31.	Smoke cigars, cigarillos, or little cigars.	0	0	0	0	0	

10 or more days							
		6-9 days 3-5 days					
	1-2	o-o 2 da		ys			
	No	ne					
32.	Smoke tobacco in a pipe.	0	0	0	0	0	
33.	Smoke bidis ('beedies,' flavored cigarettes).	0	0	0	0	0	
34.	Chew tobacco or use snuff.	0	0	0	0	0	
35.	Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor).	0	0	0	0	0	
36.	Use marijuana or hashish (grass, hash, pot).	0	0	0	0	0	
37.	Use cocaine or crack (coke, rock, snow).	0	0	0	0	0	
38.	Use inhalants (things you sniff to get high).	0	0	0	0	0	
39.	Use psychedelics (angel dust, LSD, acid, microdot, PCP, magic mushrooms).	0	0	0	0	0	
40.	Use party drugs (rave, ecstasy, MDMA).	0	0	0	0	0	
41.	Use derbisol.	0	0	0	0	0	
42.	Use heroin.	0	0	0	0	0	
43.	Use amphetamines of any kind (speed, uppers, meth, bennies, crank). Do NOT include non-prescription or over-the-counter drugs, or drugs prescribed to you by a doctor.	0	0	0	0	0	
44.	Use methamphetamine specifically (meth, crystal meth, ice, crank).	0	0	0	0	0	

45. About how many cigarettes have you smoked in your entire life?

 $\bigcirc 0$

 $\bigcirc 1$

2-5

○ 6-15 (about half a pack)

○ 16-25 (about a pack)

O More than one pack but less than five

Five or more packs

Have you ever, even once in your lifetime, used any of the following drugs?

		Y	es
		No	
46.	Cocaine or crack (coke, rock, snow)	0	0
47.	Inhaled substances to get high (snappers, poppers, rush, other things you sniff to get high)	0	0
48.	Psychedelics (angel dust, LSD, acid, microdot, PCP, magic mushrooms)	0	0
49.	Party drugs (rave, ecstasy)	0	0
50.	Derbisol (wagon wheels, hope)	0	0
51.	Steroids (muscle builders)	0	0
52 .	Heroin	0	0
53.	Amphetamines of any kind (speed, uppers, meth, bennies, crank). Do NOT include non-prescription or over-the-counter drugs, or drugs prescribed to you by a doctor.	0	0
54.	Methamphetamine specifically (meth, crystal meth, ice, crank)	0	0
55.	Have you ever used a needle to inject an illegal drug?	0	0

This section asks other questions about alcohol and tobacco:

56. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)

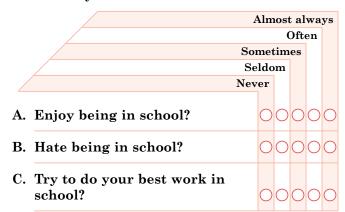
None	3-5 times
Once	6-9 times
Twice	10 or more times

•	the beer, wine, or liquor you drink?
	○ I don't drink alcohol
	From home and my parents know
	From home, but my parents don't know
	From friends
	Ask adults to purchase or buy it myself

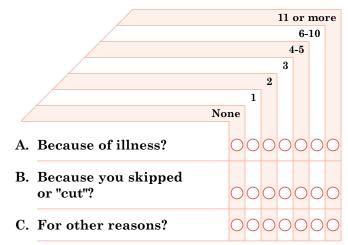
				Def				$\mathbf{e}\mathbf{s}$
				Proba			es	
				Probab	_	no		
			Defii	nitely N	lo			
58.	Do you think other people's (second-hand to you?	s cigaret	tes	1	0	0	0	C
59.	Do you think a cigarette an next year?	•		ke	0	0	0	С
60.	If one of your you a cigarett smoke it?			ed	0	0	0	С
61.	Do you think soon? No Yes I have already	•	-		ret	te		
62.	During the pa any of your cl tobacco (for e	lasses wa	ys to say	"no" t		ed	in	
	○ No	O Yes						
63.	Have your parthe dangers o		_			ISS	ed	
	○ No	O Yes						
64.	Do you think year or two, a							
	O Definitely no Probably no		Probably y Definitely y					
65.	During the pa seen anti-smo heard them or	king con	nmercials				7 0 1	1
	None 1-3 times per v 1-3 times per v		Oaily More th	ian onc	e a	da	у	
66.	Do you want to (cigarettes, ci now?	_	_		f) 1	rig	ht	
	I don't use tob Definitely no Probably no	acco	O Probabl O Definite					

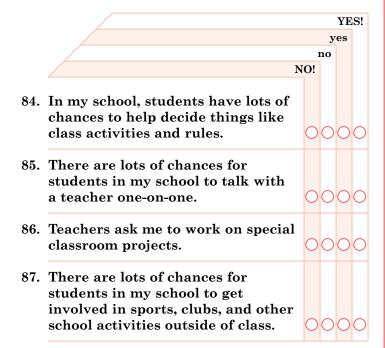
Not at all important

82. Think back over the past year in school, how often did you:



83. During the LAST 4 WEEKS how many whole days of school have you missed:





	YES!						
			ye				
		NO!	no				
		NO:					
88.	I have lots of chances to be part of class discussions or activities.	0	0	0	0		
89.	My teacher(s) notices when I am doing a good job and lets me know about it.	0	0	0	0		
90.	The school lets my parents know when I have done something well.	0	0	0	0		
91.	I feel safe at my school.	0	0	0	0		
92.	My teachers praise me when I work hard in school.	0	0	0	0		

93. How often do kids at school:

	Every day						
			Αl	ot			
	Som	etim	es				
	Ne	ver					
Α.	Tell lies or spread rumors about you?	0	0	0	0		
В.	Put you down verbally (insult you, call you names)?	0	0	0	0		
C.	Shove, push, hit or trip you?	0	0	0	0		
D.	Threaten to hurt you physically?	0	0	0	0		

94. If you saw one kid bullying another at school, would you:

- O Tell that kid to stop?
- Walk away or mind your own business?
- Tell an adult at school?
- Stay and watch?

95. This is how safe I feel at school in each of these places:

	Very safe					
	Mo	stly	/ sa	ſе		
	A little u	A little unsafe				
	Very unsa	ıfe				
A.	In class	0	0	0	0	
В.	In the halls or stairs	0	0	0	0	
С.	In the bathroom	0	0	0	0	
D.	In the locker rooms	0	0	0	0	
Е.	On the playground/school grounds	0	0	0	0	
F.	In the lunchroom	0	0	0	0	

G. On the bus

Very unsafe
A little unsafe
Mostly safe
Very safe
O I don't take the bus

Very saf					
Mostly sa					
	A little un	A little unsafe			
	Very unsaf	3			
H. On the wa	ay to school	C	0	0	
I. On the wa	ay home after school		0	0	

These questions ask about your feelings and experiences in other parts of your life.

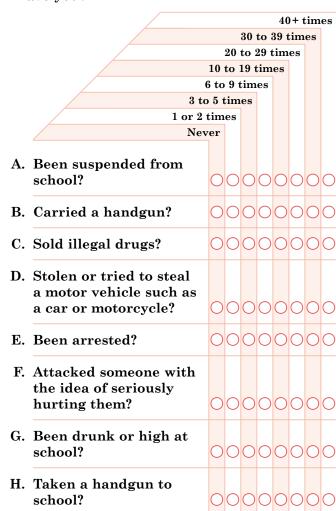
96. During the past 30 days, how many times have you carried a weapon, such as a gun, knife, or club for self-protection or because you thought you might need it in a fight?

None	
1 time	
2–3 times	
4–5 times	
○ 6 or more time	nes

97. When was the last time you carried each of the following weapons on school property for self protection or because you thought you might need it in a fight?

	Within th	e pa	ıst r	non	th
	Not within the past month, but within the	e pa	st ye	ear	
	Over 1 ye	ar a	go		
	Nev	ær			
A.	Gun	0	0	0	0
В.	Knife or razor	0	0	0	0
C.	Club, stick, pipe, or other weapon	0	0	0	0

98. How many times in the past year (12 months) have you?



99. How old were you when you first:

14	15	16))
		0)
		0)
		0	
		0)
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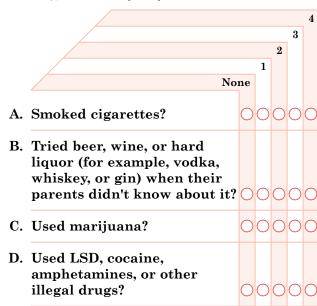
100. How wrong do you think it is for someone your age to:

	Not v	vro	ng	at a	all
	A little b	it w	ro	ng	
		Vro	ng		
	Very wro	ng			
A.	Take a handgun to school?	0	0	0	0
В.	Steal anything worth less than \$5?	0	0	0	0
C.	Steal anything worth more than \$5?	0	0	0	0
D.	Pick a fight with someone?	0	0	0	0
Е.	Attack someone with the idea of seriously hurting them?	0	0	0	0
F.	Stay away from school all day when their parents think they are at school?	0	0	0	0

101. How wrong do you think it is for someone your age to:

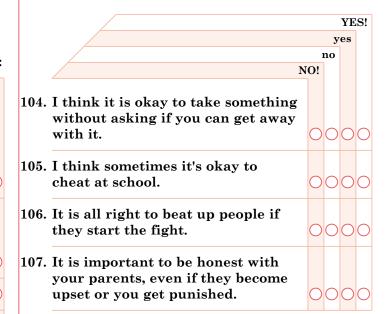
Not w	ro	ng	at :	all
A little bi	t w	ro	ng	
V	ro	ng		
Very wro	ng			
Drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?	0	0	0	0
Smoke cigarettes?	0	0	0	0
Smoke marijuana?	0	0	0	0
Use LSD, cocaine, amphetamines or another illegal drug?	0	0	0	0

102. Think of your <u>four best friends</u> (the friends you feel closest to). In the past year (12 months), how many of your best friends have:



103. What are the chances you would be seen as cool if you:





The next questions ask about what you would do in certain situations.

- 108. You're looking at CDs in a music store with a friend. You look up and see her slip a CD under her coat. She smiles and says "Which one do you want? Go ahead, take it while nobody's around." There is nobody in sight, no employees and no other customers. What would you do now?
 - O Ignore her
 - OGrab a CD and leave the store
 - Tell her to put the CD back
 - Act like it's a joke, and ask her to put the CD back
- 109. It's 8:00 on a weeknight and you are about to go over to a friend's home when your mother asks you where you are going. You say "Oh, just going to go hang out with some friends." She says, "No, you'll just get into trouble if you go out. Stay home tonight." What would you do now?
 - Leave the house anyway
 - Explain what you are going to do with your friends, tell her when you'd get home, and ask if you can go out
 - Not say anything and start watching TV
 - Oget into an argument with her

If you answered "no" to the previous question then please skip to question 125. Otherwise, please continue.

121.	If you use tobacco (cigarettes or chew/dip), how do you usually get it?
	I don't use tobacco Buy it from a store From my parents From someone under 18 From someone 18 or older Take or steal it from a store or family member Get it some other way
_	If you currently use tobacco (smoking or chew/dip), how many times have you seriously tried to quit in the past 12 months?
	☐ I don't use tobacco ☐ None ☐ 1 time ☐ 2-3 times ☐ 4-6 times ☐ 7 or more times
123.	During the past 30 days, on the days you smoked, about how many cigarettes did you smoke per day?
	☐ I do not smoke ☐ Less than 1 cigarette per day ☐ 1 cigarette per day ☐ 2-5 cigarettes per day ☐ 6-10 cigarettes per day ☐ 11-20 cigarettes per day ☐ More than 1 pack per day
_	Are the cigarettes you usually smoke menthol cigarettes?
	○ I do not smoke cigarettes○ No○ Yes

The next set of questions ask about your family. When answering these questions, please think about the people you consider to be your family. For example, parents, stepparents, grandparents, aunts, uncles, etc.

				YE	S
				es	
		NO!	no		
125.	My parents ask if I've gotten my homework done.	0	0	0	
126.	My parents want me to call if I'm going to be late getting home.	0	0	0	(
127.	Would your parents know if you did not come home on time?	0	0	0	(
128.	When I am not at home, one of my parents knows where I am and who I am with.	0	0	0	(
129.	The rules in my family are clear.	0	0	0	(
130.	My family has clear rules about alcohol and drug use.	0	0	0	
131.	If you drank some beer, wine, or liquor (for example, vodka, whiskey, or gin) without your parents' permission, would you be caught by your parents?	0	0	0	(
132.	If you carried a handgun without your parents' permission, would you be caught by your parents?	0	0	0	(
133.	If you skipped school, would you be caught by your parents?	0	0	0	(
134.	My parents give me lots of chances to do fun things with them.	0	0	0	(
135.	My parents ask me what I think before most family decisions affecting me are made.	0	0	0	
136.	If I had a personal problem, I could ask my mom or dad for help.		\cap	\bigcirc	

137.	job and let me know about it.
	Never or almost neverSometimesOftenAll the time
138.	How often do your parents tell you they're proud of you for something you've done?
	Never or almost neverSometimesOftenAll the time
139.	Do you enjoy spending time with your father? NO! no yes YES!
140.	Do you enjoy spending time with your mother? NO! no yes YES!
141.	Does anyone who lives with you now smoke cigarettes?
	○ No ○ Yes
142.	During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
	None 1-2 days 3-4 days 5-6 days 7 days

143. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
○ None
3-4 days
○ 7 days